Your Year of

girl scouts lakes and pines

Possibilities

Program Guide 2024-2025

BIRL SCOUT

Welcome to Your 2024-25 Annual Program Guide!

Dear Girl Scout Families,

We are so excited to help make the 2025 Girl Scout year YOUR year of possibilities! Whether it's your year of adventure, discovery, travel, self-care, setting goals, or trying new things, we're sure to have a program (or a few) just for you. We use your feedback to create each year's events to ensure we continue to provide the best possible experiences for everyone! Most of our events are in-person, while still offering some online options to meet the needs of as many people as possible.

Our goal is to support every Girl Scout in participating in as many programs as possible. In this guide, you'll find a page with detailed information on "ways to pay" that highlights opportunities to supplement the full cost of each program, including information on scholarships. We will also keep using quarterly registration dates for most of our programs. You'll be able to see all our scheduled programs and events in this guide, along with most on our website, with each event having its own registration dates. This allows all our Girl Scout families and troops time to plan their year ahead without the rush to register for every event all at once!

Below is a breakdown of our registration quarters for most Council Events & Partner Programs:

- October December programs: registration opens Aug 31, 2024
- January March programs: registration opens November 5, 2024
- April June programs: registration opens February 4, 2025
- July September programs: registration opens May 6, 2025

Our Girl Scout promise opens with the line, "On my honor, I will try", which is quite fitting for everything we do here at Lakes & Pines. We hope that you are excited to try new activities with us and challenge yourself to step out of your comfort zone as you plan your year ahead. Whether you join us for a Journey Program, gear up for the 2025 cookie season at one of our Council Rallies, discover new places in Minnesota and Wisconsin through our Partner Programs, or travel the world on one of our council trips, we can't wait to see what you do during YOUR year of possibilities!

Yours in Girl Scouting,

The Program Team



Girl Scouts of Minnesota and Wisconsin Lakes and Pines is committed to providing an inclusive environment which welcomes all girls, celebrates diversity, and ensures equity for all. All programs and events must foster a sense of belonging while providing a safe space for everyone to champion girl ambition.

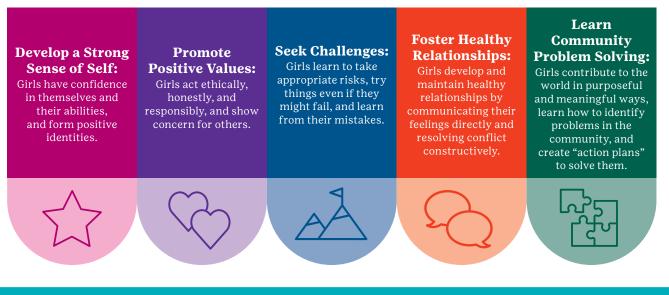
What Sets Girl Scouts Apart?

Have you ever wondered: "How does Girl Scouts build girls of courage, confidence, and character?"

The answer is as simple as 1-2-3!

1. Know where you're going before you start:

Learn more about the five outcomes we want girls to achieve through Girl Scouts:



2. Offer activities from the four Program Pillars:

S.T.E.M.: Science, Technology, Engineering, Math: Activities help girls develop problem-solving and critical thinking skills to build their confidence.

Outdoor:

Develop outdoor skills over time. This can be as simple as meeting outdoors and working toward more adventurous outdoor exploration.

Life Skills:

Develop key life skills girls can use forever, like financial literacy, first-aid, and more. Badges are great for this!

Entrepreneurship:

Participate in the Girl Scout Cookie and Fall Product programs to build key entrepreneurial skills girls will use for a lifetime! See pages 4-5 of this guide for more information.



Girl Led:

Girls shape their experience by asking questions, offering ideas, and using their imaginations.

Learning By Doing:

Girls learn through hands-on activities, talking about what they did, and reflecting on how they would do it differently next time.

Cooperative Learning:

Girls work together to brainstorm ideas and problem solve their way toward a common goal.

Your Year of Entrepreneurship

Set goals and navigate the world of business

Participate in our product programs to fund your next adventure!



The Fall Product Program and Girl Scout Cookie Program are a great way for girls to learn entrepreneurial skills like goal setting, decision making, money management, people skills, and business ethics, while earning money to help fund their Girl Scout adventures.

Fall Product Program – October 1 - November 10, 2024

The Fall Product Program is a council-sponsored program that combines educational activities with money-earning activities for troops. The program is directed toward friends and family of Girl Scouts and enables troops to earn startup funds for the year by selling magazines, as well as candy and nuts. The program is conducted both face-to-face and via the Internet using a secure online program.



Girl Scout Cookie Program – February 1 - March 25, 2025

Participate in one of the most iconic aspects of Girl Scouting, earn rewards and raise money for your next Girl Scout adventure. The program is directed toward friends, family, and the general public. Cookies can be sold door-to-door, at booths, and via the Internet using a secure online program.

Save the Date Our Fall Product Program Begins Soon! 2023 Fall Results:

October 1 - November 10, 2024

Everyone knows Girl Scouts are famous for our delicious cookies, but did you know we sell even more delectable treats and goodies in the fall? Every fall, Girl Scouts have the opportunity to fund awesome experiences by taking part in the Fall Product Program.

- Girl selling average \$393
- Troop average sold \$2,076
- Troop Proceeds \$99,177
- 193 troops earned the Cookie Bonus for additional revenue \$18,015

Girl Scouts learn and practice skills like goal setting, decision making, money management, people skills, and business ethics as they earn proceeds for their troop. Plus, the Fall Product Program is an excellent way to earn start up proceeds to fund your troop's activities and projects throughout the year. Proceeds stay local to benefit our council and troops earn 20% on all items sold.



Rally Your Troop for Cookie Season!

A cookie rally is the perfect time for girls to build the five skills of the Cookie Program: goal setting, money management, people skills, business ethics, and decision making. The rally kits and guide provide you with tools and resources to aid your rally planning.



Grades: K-12 (+Safety Ratio Adults) – *Check gsEvents for specific locations.*



Date/Time: TBD Cost: \$10 per youth Includes: Supplies and patch.

Cookie Kits Available:

Can't make a Cookie Rally? Contact us for your troop's very own Cookie Kit! Kits include program supplies for girls as requested, sample selection of cookies for tasting, and rally patches. Cost covers shipping to your doorstep! \$10/girl.

Council Led Events

Join us for a variety of exciting events throughout the membership year! Whether it's a classic favorite or a new event, we have something for everyone and every program level! All events are hosted and ran by the trained and experienced staff of GSMWLP. **Girls may use Cookie Dough or Fall Bucks to cover up to 50% of the cost of any Council Led Event.**

Family Fall Fest - Camp Roundelay

Grades: K-12, Adults/Families Camp Roundelay, Minong, WI Search Zip Code: 54859

Join us for a day of fall fun for the whole family at Camp Roundelay! Girl Scouts and their family will enjoy making a fall-themed craft, exploring camp, playing group games, and more. Enjoy lunch together as a family at camp! Cost includes activities, supplies, lunch and a snack, and a fun patch. At least one person in each household/group must be a registered Girl Scout (youth).

Date/Time: October 12, 2024 | 10am-4pm Cost: \$42 girl / \$12 adult

Family Fall Fest - Camp Sanderson

Grades: K-12, Adults/Families Camp Sanderson, Spicer, MN Search Zip Code: 56288

Join us for a day of fall fun for the whole family at Camp Sanderson! Girl Scouts and their family will enjoy making a fall-themed craft, exploring camp, playing group games, and more. Enjoy lunch together as a family at camp! Cost includes activities, supplies, lunch and a snack, and a fun patch. At least one person in each household/group must be a registered Girl Scout (youth).

Date/Time: October 12, 2024 | 10am-4pm Cost: \$42 girl / \$12 adult

Older Girl Sleepover

Grades: 6-8 (Drop off event) Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452

Get ready for the ultimate sleepover with your Girl Scout friends, old and new! Pack your best Halloween Costume and come ready to have a Scary Fun Time. We'll do Halloween crafts, enjoy a movie night, and start earning the Global Action Award! **This is a drop off event.* Includes program supplies, patch, evening snack, breakfast, lunch, snack.

Date/Time: October 25-27, 2024 | 6pm-11am Cost: \$79 per Girl Scout

Coding for Cookies

Grades: K-12 Becker High School, Becker, MN Search Zip Code: 55308

Join us in a very exciting STEM program led by one of our very own Girl Scouts! Coding for Cookies is a robotics program that gives girls the opportunity to learn the basics of coding right along side the Becker High School Robotics Team. This program is created as part of a GSMWLP Girl Scout Gold Award project and is sure to be something you won't want to miss!

Date/Time: November 16, 2024 | 9am-4pm Cost: \$42 per Girl Scout

Registration and Payment Information

We have quarterly registration periods. See specific registration dates for each event. Full payment is due at the time of registration. Check out "Ways to Pay" on page 35 to learn more about payment options for all of our programs. Cancellation deadlines are the same date as the registration deadlines regardless of program type.

I Heart You!

Grades: K-3 + Adult Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452

Interested in a girls' weekend with your female adult guardian? Join us for a winter wonderland themed overnight that's all about spending time together! Work together on crafts, play games, and enjoy each other's company during this special overnight experience! Includes: Friday night snack through Saturday lunch and snack, supplies, and patch.

Date/Time: February 7-8, 2025 | 6pm-4pm Cost: \$53 per person Day Only Option: February 8, 2025 Cost: \$33 per Girl Scout

Leadership Weekend

Grades: 6-12 (Drop off event) Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452

Get ready to take charge this weekend as we develop your inner leader during teambuilding games. We'll learn about the different Girl Scout Leadership Awards, discover new ways to take care of ourselves and our community while working with other Girl Scouts from around council! Earn the World Thinking Day Badge before you leave. **This is a drop off event.*

Date/Time: February 21-22, 2025 | 10am-4pm Cost: \$53 per Girl Scout Day Only Option: February 22, 2025 Cost: \$33 per Girl Scout

Tap to Table

Grades: K-12 + Adults Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452

Join us for a day of discovering the science of turning sap into syrup - the journey from tap to table! Learn how to identify sugar trees and follow your sap as it turns into syrup, gets bottled, and goes home to your table.

Date/Time: April 4-5, 2025 | 6pm-4pm Cost: \$53 girl / \$33 Adult **Day Only Option:** April 5, 2025 | 10am-4pm Cost: \$43 girl / \$23 adult Extend the fun and reserve camp for a night! See page 17 for Property Rental details!

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Girl Scout Journey Events

Girl Scout Journeys are in-depth programs in which girls explore a specific topic and use the skills they gain along the way to make a difference in their community. While badges show the world you've learned a new skill,

Journey awards say, "I found a way to make a difference."

Our Journey progarms are designed for youth participants to gain independance as they learn and grow with their peers. Adults attending the Daisy - Junior Journey Programs are meant to serve in a Safety Ratio capacity.

Daisy Journey Day: It's Your Story - Tell It! Camp Roundelay OR Camp Sanderson

Grades: K-1, Adults Camp Roundelay, Minong, WI Search Zip Code: 54859 Camp Sanderson, Spicer, MN Search Zip Code: 56288

5 Flowers, 4 Stories, 3 Cheers for Animals! Join us for the day as we complete the Daisy Journey: It's Your Story - Tell It! Through hands-on activities, girls will learn how to care for animals, earn three leadership awards, and teach their community what they learned through a Take Action Project.

Date/Time: May 17, 2025 | 10am-2pm Cost: \$42 girl / \$12 adult

Brownie Journey Day: Brownie Quest

Grades: 2-3, Adults Camp Sanderson, Spicer, MN Search Zip Code: 56288 Join us for the day as we complete the Brownie Quest Journey! Through hands-on activities, girls will find out how to take care of themselves and their community while earning four leadership awards. Finish the day by planning a Take Action project to give back to the community!

Date/Time: March 22, 2025 | 10am-4pm \$42 girl /\$12 adult

Junior Journey: GET MOVING!

Grades: 4-5, adult Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452 During this Journey, Juniors will explore what energy is, the importance of being energy efficient, and taking steps towards living a sustainable lifestyle. Finish the day by completing a Take Action project to give back to the community!

Date/Time: December 6-7, 2024 | 6pm-3pm Cost: \$53 girl / \$27 adult

Cadette Journey: aMAZE Life is a maze of relationships!

Grades: 6-8 (Drop off event) Camp Shingobee Timbers, Walker, MN Search Zip Code: 56452 This journey weekend has Girl Scout Cadettes maneuvering through all its twists and turns to find true/healthy friendships, plenty of confidence, and maybe even peace. Girl Scouts will plan a take action project to share with others. **This is a Drop Off event.*

Date/Time: March 7-9, 2025 | 6pm-11am Cost: \$79 per Girl Scout

Going for Gold

Grades: 9-12 (Drop off event) Camp Sanderson, Spicer, MN Search Zip Code: 56288 Join us for a weekend designed for Senior and Ambassador Girl Scouts! We will complete our Gold Award Orientation - the first step in starting your Gold Award Project. Girls will spend the weekend working on their Think Like a Citizen Scientist Journey and learn how to collect data, conduct research, and make a difference in their communities. **This is a Drop Off event.*

Date/Time: November 8-11, 2024 | 6pm-11am Cost: \$79 per Girl Scout

Council Patch Programs

Council Patch Programs allow girls to explore a wide range of topics and have unique learning experiences not available through traditional badge work. Council Patches can be completed as a troop or individually. Simply download the activity lesson plan from the forms section of our website to get started! Once you're finished, stop by our Duluth or Waite Park shop locations to purchase your patch!

Juliette Low Heritage Patch

Daisy – Ambassador

Learn more about Juliette "Daisy" Gordon Low, the founder of Girl Scouts and the impact she still has on the lives of Girl Scouts today.

American Indian Heritage Patch

Brownie – Ambassador

Develop an understanding and appreciation as you learn about some of the cultures of Indigenous Americans through exploration and experience.

I Love Minnesota Patch

Daisy – Ambassador

Designed for Girl Scouts to learn more about the state of Minnesota, this patch can be earned by residents or visitors to the North Star State. This patch program was developed by Lauren Vaske for her Gold Award in 2006.



I Love Wisconsin Patch

Daisy – Ambassador Designed for Girl Scouts to learn more about the state of Wisconsin, this patch can be earned by residents or visitors to America's Dairyland.



Past and Promise

Brownie – Ambassador

Focus on your heritage and how it shapes who you are today as you explore, discover, and share the three topics of Family Roots, Community History, and Girl Scouts Heritage.

Support from the Heart

Daisy – Ambassador

Learn about the thousands of American military personnel that are serving on active duty in defense of our country. Explore the amazing individuals who have voluntarily joined the armed forces, stepping up the challenge of helping to preserve the peace and freedom in which all people deserve to live.

The Earth Matters to Girl Scouts

Daisy – Ambassador

Learn about and practice environmental awareness and protection. Complete activities in the Aware, Care and Share to improve your local green spaces and care for the Earth.

Turn Beauty Inside Out

Juniors – Ambassador

Discover the beauty inside you and the people around you. Designed to challenge the way we view beauty, get ready to feel beautiful inside and out.

Trail Hiker Patch

Daisy – Ambassador

Earning this patch is as easy as hiking your favorite trails! Minnesota and Wisconsin both have diverse networks of trails to explore from state to local trails. Get ready to explore!

Thin Mint Sprint Marathon

Daisy – Ambassador

Challenge your troop, your family, and your friends to train with you as you complete the distance of a full marathon. Log your miles as you walk, skip, or run 26.2 miles!

The Ability Awareness and Inclusion Patch

Brownie – Ambassador

Girl Scouts and leaders learn how to include individuals with different abilities into all aspects of Girl Scouts. This patch was designed to heighten awareness, understanding, and acceptance of people of all abilities. Visit Girl Scouts of San Diego's website to purchase this patch.

Food Allergy Awareness Patch

Daisy – Ambassador

Girls Scouts have the opportunity to learn about life with food allergies, with an emphasis on raising awareness of this public health issue. Food allergies impact 32 million people in the United States.

Exploring Minnesota Women in History - NEW Daisy – Ambassador

It's a time to celebrate women's accomplishments and creations throughout Minnesota! While earning this patch you will discover different women who made a major contribution to Minnesota. Connect with other women who play a significant role in your life. Finally, learn how to take action to share your history.

Exploring Wisconsin Women in History - NEW

Daisy – Ambassador

It's a time to celebrate women's accomplishments and creations throughout Wisconsin! While earning this patch you will discover different women who made a major contrabution to Wisconsin. Connect with other women who play a significant role in your life. Finally learn how to take action to share your history.

Programs on the Go

Looking for ways to balance council-wide events with something closer to home? Need an activity for a troop meeting but short on planning time? Let us bring the program to you! With Programs on the Go, we do the planning and traveling to meet you at the time and date that works for your group. Troops must provide safety ratio adults. **Girls may use Cookie Dough or Fall Bucks to cover up to 50% of the cost of Programs on the Go over \$16.**

First Aid

Grades: K-8

This program teaches basic first aid. Girl Scouts will earn their First Aid Badge or Safety Award for their troop level. Available as a mixed age program or single level. Virtual option available.

Minimum Participants: 5

Cost: \$16

Included in Cost: Badge or pin and supplies

Savannah Days

Grades: K-6

Travel back in time to learn about Juliette Gordon Low and Girl Scouts in the 1900's. Play games and explore favorite Girl Scout traditions. Girl Scouts will complete the Juliette Low Heritage Patch.

Minimum Participants: 8 Cost: \$9

Cookie Dough/Fall Bucks: N/A Included in Cost: Patch and supplies

Camp on the Go

Grades: K-8 Bring summer camp to your troop meeting! You'll enjoy playing games, singing camp songs, and making S'mores! What more could you ask for? **Minimum Participants:** 8

Cost: \$9 Cookie Dough/Fall Bucks: NA Included in Cost: Patch and supplies

Program Aide Training

Grades: 6-8

Prepare for summer day camps and to take the lead at Girl Scout events and programs. Girl Scouts are expected to complete a Leader in Action award prior to this training. Virtual option available.

Minimum Participants: 5

Cost: \$16

Included in Cost: Program Aide pin and supplies.

Build, Code, Create

Grades: K-12

Test out the field of STEM! We have robots for all ages: Daisies and Brownies will use our Goldiblox kits to get a taste of how engineers build robots and run tests. Juniors and Cadettes will use our Ozobots to develop their coding skills.

Minimum Participants: 6

Cost: \$16

Included in Cost: Patch and supplies

Beginning Bronze, Starting Silver

Grades: 4-8

Are you ready to start working on your Bronze or Silver Award? Join us to discuss the difference between a community service project and a Take Action Project. Even start to brainstorm your very own project! When you register, be sure to let us know which award you are focusing on. Virtual option available.

Minimum Participants: 5 Cost: \$9 Cookie Dough/Fall Bucks: N/A Included in Cost: Supplies

Cookie Rally

Grades: K-12

Your service unit may be eligible for a free cookie rally. If you do not qualify for a free cookie rally, we are happy to bring the cookie rally to you! Girl Scouts will work on developing their people skills, goal setting and become experts on the cookies they will be selling! Virtual or program kit options available as requested.

Minimum Participants: 10

Cost: \$10

Cookie Dough/Fall Bucks: N/A Includes: Patch and supplies

Earth Matters

Grades: K-12

How much of what we use can be recycled? Do you know how you can reduce the waste in your home? How can you protect and enjoy your local environment? In this program we will explore why the Earth matters to us. Girl Scouts will earn the Earth Matters Council Patch.

Minimum Participants: 8

Cost: \$16

Included in Cost: Patch and supplies

Girl Voter Project

Grades: K-12

The League of Women Voters-St. Cloud is excited to offer the Civics Badge (at your Girl Scout level) as a Program on the Go. Learn about the history of women's voting rights, work on your badge, and learn how you can get involved in your community! This program is offered within a 20-mile radius of St. Cloud.

Minimum Participants: 8 Cost: \$9 Cookie Dough/Fall Bucks: N/A Included in Cost: Patch and supplies

Fab, Fit, & Fun

Grades: 2-8

Get ready to move! Learn about different ways you can incorporate movement and exercise into your regular routine. Together with your troop, you will have the opportunity to try out various activities through movement games and set goals to help you be your best self, inside and out.

Girl Scouts will complete requirements toward one of the following badges: My Best Self (Brownie), Staying Fit (Junior), Eating for You (Cadette).

Minimum Participants: 8 Cost: \$9 Cookie Dough/Fall Bucks: N/A Included in Cost: Patch and supplies

Very Fairy Extraordinary

Grades: K-1

Join us in some very special Girl Scout magic in this Program on the Go! You'll make your own magic wands, create your very own fairy, and enjoy a fairy inspired snack. Girls will receive a fun patch with this program!

Minimum Participants: 8 Cost: \$16

Includes: Patch and supplies

Green Hat Badge Day

Grades: 3-8

Girl Scouts Lakes and Pines Green Hat Society is excited to offer this opportunity to the next generation of Girl Scouts! From planning a Scouts Own, to fire building and knot tying, this program incorporates hands-on activities showcasing Girl Scout skills and an appreciation for our history and traditions. Available in Region 3 and Brainerd/Baxter area. **Minimum Participants:** 10

Cost: \$9

Cookie Dough/Fall Bucks: N/A Included in Cost: Supplies

Mammals & Adaptations

Grades: 2-8

Calling all animal lovers! Discover native animals from your local area and explore their unique traits. Your troop will examine animal artifacts including bones and furs, and play some group games in this brand new POTG! Girls will receive a fun patch as part of this program.

Minimum Participants: 10

Cost: \$16

Included in Cost: Patch and Supplies

Chopped Challenge

Grades: 4-12

We bring the ingredients; you do the cooking! Looking for a great way to put your culinary skills to the test? Are you creative in the kitchen? Are you ready for a challenge? Chopped Challenge will develop your troop's teamwork through a hands-on cooking experience. Just let us know if you'd like a dessert or entrée! Minimum Participants: 10 Cost: \$16

Included in Cost: Patch and Supplies

Simple Snacks

Grades: K-3

In this new program, Daisies and Brownies will learn how to make a simple snack or two with common ingredients found at home. We will practice slicing, spreading, and safe food handling practices while also learning what it means to fuel our bodies.

Minimum Participants: 10

Cost: \$16

Included in Cost: Patch and Supplies

Council Partner Programs

Explore the world through the lens of our partner programs! These programs offer amazing opportunities to learn more about our our local region and beyond. From spending the night at an aquarium to braving the snow with sled dogs, there is something for every Girl Scout. Adults attending events MUST be members & have a cleared/completed background check! See page 34 for details.

Girls may use Cookie Dough or Fall Bucks to cover up to 50% of the cost of any Council Partner Program.

Women in Law (New)

Kitchi Gammi Club, Duluth MN 55802 Grade: 6-12

Join us for the afternoon to learn all about Women in Law! Hear from female professionals including lawyers, judges, officers, and more before participating in a mock trial. Girl Scouts will earn their ageappropriate democracy badge at this partner program. *This is a drop off event!*

Cost: \$25/person Date/Time: October 12, 2024 | 1pm-4pm

Night at the Aquarium

Great Lakes Aquarium, Duluth MN 55425 Grade: K-12, Adults

During this overnight event at the Great Lakes Aquarium in Duluth, you will get the full aquarium to yourself with a behindthe-scenes tour of the exhibits. Experience hands-on animal encounters before setting up camp near your favorite critter. After breakfast, gear up for a scavenger hunt before the aquarium opens. Spend the rest of the day exploring! Includes breakfast, full-day admission to the aquarium, and parking. *Not a drop off event*!

Cost: \$56/person Date: November 8-9, 2024 March 7-8, 2025 March 28-29, 2025 April 25-26, 2025 Time: 6:30pm-10:00am

Dog Sledding

Silent Run Adventures, Monticello MN 55362 Grade: K-12, Adults

Join us at Silent Run Adventures for an afternoon of winter fun! When you aren't out dog sledding, you'll have the opportunity to visit the dogs and tour the barn to see animals including goats, alpacas, chickens, turkeys, and rabbits. A bonfire will keep you warm while you wait for your turn on the sled!

Cost: \$34/person Dates: February 2 or February 23, 2025 Time: 12:00pm-4:00pm

Explore the Outdoors (New)

Hunt Hill Audubon Sanctuary, Sarona, WI 54870 Grade: K-5, Safety Ratio Adults

Join us for a day of fun and exploring at Hunt Hill Audubon Sanctuary! You will learn about lakes, animals, reptiles and more through hands on activities at this NEW partner program.

Cost: \$15 girl / Safety Ratio Adults (free) Date/Time: June 7, 2025 | 9:30am-2:30pm

Sleep Under the Sea

Sea Life Aquarium at MOA, Bloomington MN 55425 Grade: K-12, Adults

How many species of shark are there? What happens after hours at Minnesota's largest aquarium? Learn all of this and more during this overnight event. Enjoy a behind the scenes tour, activities, crafts, and more! Includes pizza, breakfast, activities, craft supplies, and parking. *This is a drop off event!*

Cost: \$100/person Date: April 12-13, 2025 April 25-26, 2025 May 16-17, 2025 May 30-31, 2025 Time: 7:00pm-9:00am

Nature School (NEW)

Long Lake Conservation Center, Palisade MN 56469 Grade: K-8, Adults

Spend the day outdoors at Long Lake Conservation Center! Girls will get to create nature art, go on a bog walk, and tackle the Cooperation Course. Through experiential learning, girls will develop or grow their appreciation for the natural world around them. Everyone will enjoy a wilderness lunch cooked over a campfire and receive a fun patch!

Cost: \$58 girl / \$24 adult Date: April 19, 2025 | 10:00am-5:00pm

Outdoor Climbing (NEW)

Casket Quarry, Duluth MN 55807 Silver Creek Cliff, Two Harbors MN 55616 Grade: 2-12, Safety Ratio Adults

Climb on in this NEW partner program! Join us for a day of ice climbing at Casket Quarry in Duluth MN or traditional sport climbing at Silver Cliff in Two Harbors MN. You'll work with certified guides as you scale new heights while learning all about the sport of rock climbing.

Cost: \$30 girl / Safety Ratio Adults (free) Date/Time: February 15, 2025 | 9am-4pm Casket Quarry

> May 17, 2025 | 9am-4pm Silver Creek Cliff

BSU Badge Day

Bemidji State University, Bemidji, MN 56601 Grade: K-5, Safety Ratio Adults

Spend the day working on a variety of badges with the BSU faculty and staff! Badges will focus on STEM, art, life skills, and more. Specific badge offerings will be announced closer to the program date.

Cost: \$20 girl / Safety Ratio Adults (free) Date/Time: April 5, 2025 | 9:00am-3:00pm

Quarterly Registration Dates

October – December programs: registration opens Aug 31, 2024 January – March programs: registration opens November 5, 2024 April – June programs: registration opens February 4, 2025 July – September programs: registration opens May 6, 2025

Art Explorer

Paramount Center for the Arts, St. Cloud MN 56301 Grade: 2-12, Safety Ratio Adults

Join us at the Paramount Theatre and Visual Arts Center to experience a variety of art forms! You will get the chance to try your hand at the pottery wheel, create a watercolor masterpiece, and make a fused glass pendant. Fired projects will be available for pick up from our Girl Scout offices following the event.

Cost: \$48 girl (TBD) / Safety Ratio Adults (free) Date: TBD (two dates)

Sail Away

Duluth Superior Sailing Association, Duluth MN 55802

Grade: 3-12, Safety Ratio Adults

Get ready to set sail on Lake Superior! Join us for the day as you learn to sail and see the world aboard a sailboat. Through this one-of-a-kind adventure you'll have an unforgettable hands-on opportunity to be part of the crew with your very own certified instructors.

Cost: \$85 girl (TBD) / Safety Ratio Adults (free) Date/Time: TBD (two dates)

Northwoods League: Night at the Ballpark

Duluth Huskies Stadium | St. Cloud Rox Stadium Grade: Grades K-12 + Adults/family

Take your whole family out to the ball game! Enjoy a night with your Girl Scout friends and family for some classic summer fun. Event cost will include a general admission ticket, food, and a drink. Additional details will be posted in Spring of 2025!

Cost: \$25/person (estimated/TBD) Date/Time: TBD (two dates)

Council Sponsored Travel 🗭

The Girl Scouts Travel Pathway offers opportunities to visit new places, meet new people, and experience different cultures! Whether you are looking for local art and history, or seeking outdoor adventures, experience it all through one of our regional, national, or international trips.

Council trips are planned and chaperoned by our trained and experienced program staff. GSMWLP sponsored trips require a \$100 non-refundable deposit unless otherwise noted. Girl Scouts may use Adventure Points toward their trip cost, or Cookie Dough/Fall Bucks to cover up to 50% of the fee.

• All trip costs are **ESTIMATED** due to posting and opening registration in advance of actual trip dates. Trip cost includes transportation (motor coach or plane flight), most meals, custom t-shirt, patch, and most activity fees. Estimated cost of trip is based on posted minimum participants for regional and national trips.

2025 Travel

National Parks Road Trip to Colorado

Grades: 6-12 + Adults

Join us as we road trip out west to Colorado! If you love the outdoors and national parks, this trip is for you. On this incredible travel experience we will visit Dinosaur Ridge, Estes Park in Rocky Mountain National Park, Garden of the Gods, Custer State Park, and Mount Rushmore. Activities throughout the trip include countless hiking through many a park, swimming in a natural hot springs, and white water rafting just to name a few.

Dates: July 2025 Registration Deadline: December 14, 2024 Estimated cost: \$1,530 per person Includes: Transportation, lodging, most meals, activity fees, t-shirt, and patch.

Michigan Upper Peninsula

Grades: 6-12 (No adults) Join us on this youth-only adventure as we road-trip our way to the UP of Michigan! Explore the south shore of Lake Superior as you kayak the Apostle Islands, take the ferry to Madeline Island, and hike in the Porcupine Mountains. Participants will learn about the history, geology, and unique environment of the area on this amazing camping trip led by Girl Scout staff and volunteers. *Minimum # of Participants required: 20.*

Dates: August 2025 Registration Deadline: December 14, 2024 Estimated cost: \$825 per youth Includes: Transportation, lodging, most meals, activity fees, t-shirt, and patch.

Costa Rica

Grades: 6-12 + Adults

Participate in three days of volunteer activities and explore Costa Rica's tropical rainforest at La Selva Biological Station, an internationally renowned research center owned by the Organization of Tropical Studies. Continue to the Arenal region for activities including a hike to La Fortuna Waterfall, kayaking, and a canopy tour. Exact dates will be announced through EF Tours by February 2025. Mandatory pre-trip meeting will occur spring of 2025. This trip is planned through EF Tours and requires an additional \$95 deposit per traveler. Participants MUST be registered in GS Events in order to receive the link to register with EF Tours.

Dates: June 2025

Registration Deadline: February 1, 2025 Estimated cost: \$3,799 youth / \$4,619 adult Includes: Transportation to and from MSP, lodging, most meals, activity fees, t-shirt, and patch.

2026 Travel

Japan

Grades: 6-12 + Adults

Learn about the treasures of Japan's past and present, from the bustling streets of Tokyo to the ancient temples of Kyoto. Stroll through sacred shrines, see the Great Buddha in Kamakura, and catch a glimpse of majestic Mount Fuji. Engross yourself in the STEM-filled world of Akihabara. Feast on an authentic tempura dinner, and enjoy a special overnight stay at a traditional Japanese ryokan, an amazing cultural and learning experience for every girl. Exact dates will be announced through EF Tours early 2026. Mandatory pre-trip meeting will occur spring of 2026. This trip is planned through EF Tours and requires an additional \$95 deposit per traveler. Participants MUST be registered in GS Events in order to receive the link to register with EF Tours.

Dates: June/July 2026

Registration Deadline: February 1, 2026 Estimated cost: \$6719 girl / \$7629 adult Includes: Transportation to and from MSP, lodging, most meals, activity fees, t-shirt, and patch.



Washington, DC - National Convention

Grades: 6-12 + Adults

Join us as we travel to Washington DC to participate in the 2026 Girl Scout Convention! Spend a week with Girl Scouts from all over the country to see our democratic process in action. We will also build in time to see some of the many museums and historic sites in the Washington DC area.

Dates: July 19-27, 2026

Registration Deadline: December 14, 2025 Estimated cost: TBD Includes: Transportation, lodging, most meals, activity fees, t-shirt, and patch.



Scan the QR Code to learn more about becoming a delegate for the 2026 National Convention in Washington, DC. Application deadline is October 1, 2024.

SCAN ME

Check out Form 6019 on our website for trip registration and payment procedures.

Girl Scouts Destinations and Getaways

Grades 6-12

Girl Scout Destinations are the ultimate travel adventure for individual girls age 11 and older! Hosted by Girl Scout councils and other organizations around the world, there are different trips every year, so everyone has a *Destination* that fits them. Applications open August 1, 2024.

Thinking about planning an adventure with your troop? Getaways are short travel programs designed for Girl Scout Troops.

Girl Scouts Destinations and Getaways dates and cost vary by trip.

Learn more: girlscouts.org/destinations

Northern Lakes Canoe Base Destination: *North Country Rock 'n Wilderness*

Session 1: Grades 7-9 - July 5-16, 2025 Cost: \$1210

Session 2: Grades 10-12 - July 22-August 5, 2025 Cost: \$1430

Join girls from all around the country on this Girl Scout Destination held in your own backyard! Go white water rafting and participate in a high challenge adventure near Duluth, MN and then take off on a seven day canoe adventure in the Boundary Waters Canoe Area Wilderness and Canada's Quetico Provincial Park. Includes transportation to and from Duluth Airport, lodging, and meals.

Adult Outdoor Skills Training



This training has two parts. The first part will be training through gsLearn and the second part will be hands on training. This training will prepare volunteers for day camp, level 2 or 3 troop camp, overnight tent or cabin camping including backyard camping, and any activity that includes campfires.

Please talk to the council if you plan on taking a group of Girl Scouts on a high adventure or primitive back country trips.

Australia & New Zealand 2024

Traveling internationally means we're exposed to other cultures. We are able to see the difference between us (Americans) and tribes who still follow their tribal ways and how these cultures live off the land they truely value. We come home and share our experiences with friends and family to motivate them to travel to other countries too! Thank you for having us for our second trip with you.

Rochelle, Caleigh and Paige





Property features quiet lake with swimming and boating areas*, amphitheater, sand volleyball court, and a modern program center with dorm-style rooms and a large commercial kitchen. From \$110 Per Night.

Camp Sanderson



Property features a year round program center, easy access to state biking trails, lake for swimming and boating*, amphitheater, hiking trails, marsh with nature boardwalk, and a small commercial kitchen. From \$60 Per Night.

Janette Pollay Program Center



Located just outside of Duluth. Property features a year round program center, hiking trails, a creek, primitive camping sites, a play field, and a picnic shelter with an outdoor fireplace. From \$60 Per Night.

Rent a Girl Scout Camp

Summer at Girl Scout Camp is awesome, so why not enjoy it all year-round? Rent one of our three camp properties in the fall, winter, or spring. We would love for you to host special gatherings for your troop or family! Price is dependent based on family or troop request.

Must have appropriate certifications to use swimming and boating areas. See Girl Scouts Safety Activity Checkpoints. October 1 - April 30 Waterfront activities are closed - call for more information. Ask how your troop can earn a free two-nights property rental through the Product Program!

*Up to a \$200 value, standard restrictions apply.



Find more details on Adult Training & Retreat Weekends on Pages 30-31



Girl Scouts in ACTION focuses on leadership programming to bring lifelong skills and positive values to participants. Program opportunities are available at specific partner sites in St. Cloud and Duluth throughout the school year. Each series provides a fun patch, badge, healthy snack, and trained adult mentors! Check out our website for details on site availability and contact our council with questions at customercare@girlscoutslp.org.

Fall Series: (October - December)

Math in Nature

Explore the natural world around you through math concepts! Activities will include discovering shapes and patterns in nature, learning about symmetry, and developing understanding of time and measurement. Girls will design trail maps, create art, and finish the series with a take action project to give back to their community.

Location: St. Cloud & Duluth at specific partner locations

Cost: \$40

Includes: Snack, badge, fun patch, and transportation (if needed)

Spring Series: (March - May) **Wild About Animals**

Save \$5 w

register for both

Learn all about wild and domestic animals during our spring series! Through hands-on activities, you'll learn how to care for pets and discover the wild animals that you might see in your community. You'll have the opportunity to meet some real, live animals in this series as well and complete a take action project to give back to your community!

Location: St. Cloud & Duluth at specific partner locations

Cost: \$40

Includes: Snack, badge, fun patch, and transportation (if needed)

Winter Series: (February - March)

Resilient, Ready, Strong

Strengthen your mental wellness through meaningful activities during our winter series! You'll learn how to understand your emotions and find ways to care for yourself by creating a stress-free zone, learning about mental imagery, designing a family crest, and more. Finish out the series with a take action project to give back to your community!

Location: St. Cloud & Duluth at specific partner locations

Cost: \$40

Includes: Snack, badge, fun patch, and transportation (if needed)



Girl Scout Mission



Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Girl Scout Promise

On my honor, I will try: To serve God* and my country, To help people at all times, And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be: honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to:

respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

Girl Scouts Lakes & Pines position on Diversity, Equity and Inclusion:

GSMWLP is committed to providing an inclusive environment which welcomes all girls, celebrates diversity, and ensures equity for all. All programs and events must foster a sense of belonging while providing a safe space for everyone to champion girl ambition.

*Members may substitute for the word God in accordance with their own spiritual beliefs.

Who Can Become a Girl Scout?

Any girl, kindergarten through 12th grade, and any adult can join Girl Scouts. You can join a troop or attend events as an Individual Girl Member.

Annual, national membership dues for October 1, 2024– September 30, 2025, are \$25 each for girls and adults.







Girl Scouts Lakes & Pines Signature Event

KALEIDOSCOPE

Kaleidoscope is our annual signature event for Girl Scout members held in the Duluth/Superior area. This event engages participants in a variety of educational, fun, and challenging programming opportunities that develop leadership skills.

May 3, 2025 9am-4:30pm University of Wisconsin— Superior

\$60

Registration opens: January 25, 2025 Registration deadline: April 6, 2025

Grades K-12 & Adults



Questions? Contact us! Customercare@girlscoutslp.org 320-252-2952 | 218-726-4710

OUR WORLD, OUR FAMILY 40th Anniversary Celebration



SEPTEMBER 5-7 2025 NISSWA, MN \$85-\$185* Grades K-12 & Adults

*Estimated cost

Our World Our Family (OWOF) is our biggest event each year and this year we are celebrating **40 years of OWOF!** Hosted at private camps Lake Hubert and Lincoln near Brainerd, MN, OWOF has something for everyone! With over 60 different activities, and a variety of lengths of stay, come join us for our largest annual gathering of Girl Scouts! Details and registration materials available April 2025.

Highest Awards in Girl Scouting

Change the world, change your life, and earn one or more of the most prestigious awards in Girl Scouting! Girl Scouts who complete one or more of these awards experience growth in leadership skills, public speaking, community relationships, and problem-solving skills.

Girl Scouts who earn their Gold Award have the opportunity to earn scholarship money from GSUSA and other national organizations along with increased opportunities in all career fields, including the military.

Silver and Gold Torch Award

This service award is given to a Girl Scout who is a leader in her community. To earn the Torch Award, a Girl Scout must complete one Leadership Journey, and serve a full term in a leadership position at her school, place of worship, library, community center, or other organization that is important to her. For more information contact the program department.



Ambassadors can earn the Gold Torch Award



Seniors can earn the Silver & Gold Torch Award



Cadettes can earn the Silver Torch Award

Service to Girl Scouting Bar

The Service to Girl Scouting Bar is earned by volunteering at least 20 hours to the Girl Scout organization. You can volunteer at a special event for younger girls, be an office assistant for their council or service unit, or help with special projects.







Community Service Bar

To earn a Community Service bar, first choose an organization you'd like to volunteer with. The organization will need to agree to give you instructions about the work you'll be doing. Once you've chosen your organization, complete at least 20 hours of service to earn the bar.



Ready to get started? Join us for a virtual orientation or reach out to Customer Care for more information at <u>customercare@girlscoutslp.org</u>



- The highest award that can be earned by a Junior Girl Scout
- Each Girl Scout must complete a Junior-level Journey as a prerequisite
- Work with their troop or small group
- · Brainstorm, research, plan and complete a Take Action project that impacts their community
- Each Girl Scout must contribute and log a minimum of 20 project hours

Virtual Orientation Dates: December 10, 2024 & March 11, 2025, 6-7pm

Orientation is geared towards Girl Scouts, adult guardians, and volunteers. Anyone is welcome to attend the orientation, regardless of where they're at with their Bronze Award. Register through MYGS using zip code 56387.



- The highest award that can be earned by a Cadette Girl Scout
- Each Girl Scout must complete a Cadette-level Journey as a prerequisite
- Work in a group with up to three peers
- Brainstorm, research, plan and complete a Take Action project that impacts their community
- Each Girl Scout must contribute and log a minimum of 50 project hours

Virtual Orientation Dates: December 17, 2024 & March 18, 2025, 6-7pm

Orientation is geared towards Girl Scouts, adult guardians, and volunteers. Anyone is welcome to attend the orientation, regardless of where they're at with their Silver Award. Register through MYGS using zip code 56387.

Girl Scout Gold Award

- The highest award that can be earned by a Senior or Ambassador Girl Scout
- Required prerequisites include:
 - Complete two Senior/Ambassador Journeys OR one Journey and the Silver Award
 - Attend a mandatory Gold Award Orientation
- Girl Scouts work independently with the support of their chosen project advisor and a team they build
- Girl Scouts must research an issue in their community, discover the root cause, develop and implement a project with a sustainable solution to the issue, educate and inspire their community, reflect on the change they've created
- Each Girl Scout must contribute and log a minimum of 80 project hours
- Project Proposal & Final Report must be approved by GSMWLP council staff and Gold Award Committee

Virtual Orientation Dates: Required virtual orientations are held the first Monday and Thursday of each month, 5-6pm (with the exception of major holidays). Register through MYGS using zip code: 56387.

Volunteer Support and Adult Recognition

Girl Scouts Lakes and Pines strives to build adults of courage, confidence, and character, who make the world a better place, too! By offering support to our volunteers in the areas of recognition, training, and evaluation, we help drive a foundational Girl Scout experience for everyone. We know volunteers will engage in new adventures, make new friends, and create lasting impressions on the lives of those around them and we want the time spent in our leadership program to be engaging and meaningful.

Recognition

Thank you, volunteers! We believe that the hard work and dedication our volunteers contribute to the Girl Scout program should be celebrated – often! Be on the lookout for the special appreciations organized throughout the membership year:

- · Service unit and troop leader awards and incentives
- · Volunteer appreciation promotions in our retail shops
- Annual Meeting
- Adult Recognition Ceremony

We also encourage service units to have a recognitions team that shows appreciation and acknowledgment to leaders and helpful volunteers throughout the whole membership year. Do your girls or parents have a leader appreciation idea in mind? Check out the Awards and Recognition page on our website for more suggestions.

Training

We understand that getting started on those first Girl Scout moments are important to leaders and girls, that is why we offer many of the leader training requirements online – so volunteers can begin their leadership journey when it is convenient for them. When volunteers are confident in their ability to provide a fun, balanced, and safe Girl Scout experience, they begin to help girls make memories that last a lifetime.

It is important to honor adult volunteers whose services directly or indirectly support or enhance girl experiences in Girl Scouting. The quality of the individual's accomplishments is a key factor for recognizing someone. Whether formal or informal, volunteer recognition is a way to honor and celebrate accomplishments in Girl Scouts.

Having a dedicated group of volunteers is instrumental in delivering the mission of Girl Scouts. Volunteers and community partners who make a difference in the lives of girls can be thanked by nominating them for an adult recognition. Visit the Volunteer tab on our website to learn more about National Level Awards and how to nominate somebody deserving today!



Volunteer Recognition Awards

Recognizes outstanding service above the expectation of the position while partnering directly with girls in any pathway to implement the Girl Scout Leadership Experience using the National Program Portfolio.

Recognizes an individual's exemplary service in support of delivering the Girl Scout Leadership Experience. This service, which has had measurable impact on one geographic area of service, helps the council reach and surpass its mission-delivery goals for that area.

Recognizes an individual's exemplary service in support of delivering the Girl Scout Leadership Experience, which has had measurable impact on two or more geographic areas of service, allowing the Council to reach and surpass its mission-delivery goals.

Honors an individual whose ongoing commitment, leadership, service have had an exceptional, measurable impact on meeting the mission delivery goals & priorities of the Council or the entire Girl Scout Movement.

Honors a previous Thanks Badge recipient who has continued to provide exemplary service in a leadership role, resulting in a measurable impact that benefits the entire Girl Scout Movement.

Recognizes the efforts of a service delivery team or committee whose exemplary service in support of delivering the Girl Scout Leadership Experience surpassed team goals and resulted in significant measurable impact toward reaching Council's overall goals.

Volunteer of Excellence

1 Nomination Form/Letter 1 Endorsement Letter

Appreciation Pin

2 Endorsement Letters

1 Nomination Form/Letter



Honor Pin

1 Nomination Form/Letter 3 Endorsement Letters



Thanks Badge 1 Nomination Form/Letter 4 Endorsement Letters



Thanks Badge II 1 Nomination Form/Letter 4 Endorsement Letters

President's Award

1 Nomination Form/Letter with Documentation



The Volunteer Years of Service Pin

Recognizes an adult member registered with Girl Scouts of the U.S.A. for her/his years of active Volunteer service at five-year intervals (5, 10, 15, etc.). This pin differs from the numeral guard in that it represents the number of years an adult volunteer has actively provided service, whereas the numeral guard recognizes years of membership.

Annual Meeting

Play a key role in council governance.

Join us January 24-25, 2025

Holiday Inn - Duluth, MN

Friday Evening Social: 7pm - 8:30pm Cost: \$20, includes appetizers and beverages

Saturday Business Meeting: 8:30am - 2pm Cost: \$40, Includes breakfast and lunch



Be a Delegate

The Annual Meeting offers leadership opportunities to members 14 years and older who may be selected to serve as Council Delegates and participate in the council democratic process.

An important letter is sent to your Service Unit representative in October. This letter provides the total number of delegates each Service Unit is allowed to select based on your girl membership from the previous year.



Girl Scouts Lakes & Pines is governed, according to its bylaws, by a Board of Directors composed of volunteers who believe in the value of Girl Scouting and are elected by the Delegate Body of the council.

The Annual Meeting is facilitated by the Board of Directors Chairperson and is an opportunity for the important business of electing the Board of Directors, electing National Council Delegates every three years and voting on other important governance work like By-Laws and policy changes as needed.



All members are welcome to attend the Annual Meeting, however, only delegates may vote.

Girl Scouts Badge Kits

Available for Brownies–Ambassadors! Includes badge, lesson plan, and most of the activity supplies.



Daisy: Model Car

Grades K-1

Build a model car and test the friction of your car on different surfaces to prepare for a Troop Car Chase! When you earn this badge, you will have learned about friction by building and testing model cars. You will also know how to design and test new things that you invent. Included: Shipping, Supplies, and Badge. Cost: \$5

Brownie: My Family Story

Grades: 2-3

Find out more about your family – the people you love and who love you. When you've earned this badge, you'll know how to tell your family story. Included: Shipping, Supplies, and Badge. Cost: \$5

Junior: Playing the Past

Grades: 4-5

Dream up a character: a girl or woman who lived in another decade. Maybe a poodle-skirtwearing Girl Scout of the 1950s, a Wild West cowgirl, a medieval duchess, or a Japanese princess from long ago? You can be someone who really existed or a historical woman from your imagination. Give yourself a new name and get ready to live history! Included: Shipping, Supplies, and Badge. Cost: \$5

Cadette: Trees

Grades: 6-8

Through earning this badge, Cadettes will learn the importance of trees in our everyday lives. Girls will explore ways trees provide for us, tree identification, and finish up by helping our trees. Included: Shipping, Supplies, and Badge. Cost: \$5

Senior: Business Etiquette

Grades: 9-10

Learn the basic business manners that will allow you to showcase just what you are capable of. When you have earned this badge, you'll know the kind of savvy you'll need to be successful in the business world. Included: Shipping, Supplies, and Badge. Cost: \$5

Ambassador: College Knowledge

Grades: 11-12

The years after high school are an exciting time - you're going out into the world and figuring out what your adult life is going to look like. Some people will go to college right after high school, and some will take a different path. If you've decided that college is the best choice for you and your family, you may be feeling both excited and overwhelmed. Simplify the college preparation process by taking it step by step, and you'll be ready to start your next chapter in no time! Included: Shipping, Supplies, and Badge. Cost: \$5

BRING YOUR BESTIES TO GIRL SCOUTS!

This year when you invite a friend to join Girl Scouts, both of you will earn fun rewards!

All currently registered Girl Scouts Lakes and Pines youth members who successfully recruit a new member will receive this exclusive, **adorable t-shirt**, Besties Patch with charms, and a BFF patch-let set! **NEW** Adult/Volunteer awards!

PLUS: Anyone who brings 3 or more friends by December 31st receives an **exclusive Girl Scout hoodie.**

- **PLUS!** All girls who bring 5 or more friends by January 31st will receive a **\$100 camp or program credit** to be redeemed by September 15, 2025.
- **PLUS:** The girl who adds the most "new friends" to Girl Scouts by May 31, 2025 will receive **Top Bestie** honors with a plaque and a \$300 camp/program credit.

PLUS! Amazing incentives for Adults/Volunteers

Any currently registered Lakes and Pines adult member who successfully recruits a new adult member will receive the new member t-shirt along with their Besties Patch, and Charms.

Any current member who registers another adult to serve as a Troop Leader or Assistant Troop Leader will receive Girl Scout Lakes and Pines Thermal Tumbler.

Troops/Service Units

Troops or Service Units host a "Bring your Bestie" day/event to encourage Girl Scouts to bring a non-Girl Scout friend to their meeting or Service Unit event and show off their favorite activities. All current members and any friends who joined Girl Scouts will receive an exclusive event patch.

All troops that collectively add six new Girl Scouts who do not have to be in their troop—will receive a \$25 Amazon gift card for troop supplies.









Girl Scout Lending Library

Whether you are looking for ideas for your next troop meeting, or want to try a fun new activity with your family in your own home, "Programs in a Box" are a handy resource for troop leaders and Girl Scout Lakes & Pines volunteers. Contact Customer Care to borrow a box full of supplies and equipment. Our convenient deposit payment system means you are able to borrow resources that would otherwise be an expensive one-time cost. *Items are limited and checked out on a first come, first served basis.*

Tea Party

Use vintage china tea cups to hold a tea party like Juliette Gordon Low's troop once did. Travel back in time with tasty sweets and savories while learning about the manners of days past.

Historic Uniform Treasure Chest

Learn about the history of Girl Scouting while looking at historic uniforms, various accessories, and photos. Perhaps take what you learn and end with a vintage fashion show or a skit.

GPS Units for Geocaching

Check out a GPS unit to teach girls the basics of this navigational tool. Or, if they are already skilled with GPS, girls may develop your own outdoor treasure hunt. *Available from the Duluth office only.*

Leave No Trace PEAK Packs

PEAK is Promoting Environmental Awareness in Kids. Through six activities kids will learn guiding principles, including: Know Before You Go, Choose the Right Path, Trash your Trash, Leave What you Find, Careful with Fires, Respect Wildlife, and Be Kind to Other Visitors.

Introduction to Orienteering

Check out an orienteering kit to teach girls basic parts of a compass and how to use them with a step-by-step lesson plan. *Available from the Duluth office only.*

You can also borrow:

- Girl Scout Banners
- USA Flags
- · Ceremony Candles
- Bridges
- Becoming Me (Adult & Adapted for Young Readers)
- Reference books*
- Religious Award Curriculum Books*

Lending Library items require a \$25 Deposit / *\$5 Deposit required for each book. Deposits will be refunded or used to replace any missing or damaged equipment.

Adult Training Opportunities

Adult Mini-Sessions

Adult Training Mini-Sessions cover a variety of topics that are designed to enhance the volunteer experience. These Mini-Sessions run for 30 minutes to 1 hour and are held virtually.

Cookie Q & A

Got cookie questions? Join us for our first cookie Q&A of the season and get all the answers you need! *January 6, 2025*



Funding Programs, Camps, Travel and Activities

Are you aware of all the ways to fund your troop activities? These include Cookie Dough, scholarships, troop funds, additional moneyearning activities, and sponsorships. Join us to learn more! *January 7, 2025*

Lakes & Pines Website Overview

Do you find our website difficult to navigate? Having trouble finding important information? Join us to learn more about our website and where to find things. *January 8, 2025*

Troop Planned Adventures

Are you looking to plan a troop outing or camping trip for your girls but aren't sure where to start? Join us to learn about the requirements and steps needed to take your troop on exciting adventures, including campouts. We'll cover everything from preparation and safety guidelines to activity planning and necessary paperwork. *January 9, 2025*

Highest Awards at a Glance

Join us to learn about the highest awards girls can earn, including the Bronze, Silver, and Gold Awards, as well as the Silver & Gold Torch Award, the Service to Girl Scouting Bar, and the Community Service Bar. *March 24, 2025* March 24-27 2025

Volunteer Toolkit Walkthrough

The Volunteer Toolkit (VTK) is your virtual assistant for planning your troop year. With it, you can organize meetings, activities, and council events, and even communicate with parents in your troop. Join us to learn more about using the VTK to make planning your troop year easy and efficient! *March 25, 2025*

Camp Q&A

Come join us to explore frequently asked questions about camp and bring some of your own to get answers! *March 26, 2025*

Renewal Incentives & Walk-through

April 1st is the start of renewal season! Join us to learn about the incentives your troop could earn for renewing early! We will also have a walkthrough on how to renew your troop online. *March 27, 2025*

Bridging to Brownies

Has your troop just completed their Daisy journey and bridged to Brownies this past spring? Are you curious about what will change now that they are Juniors? Join us for this adult mini session to explore the Brownie experience and what to expect. *August 18, 2025*

August 18-21 2025

Bridging to Juniors

Has your troop just finished their Brownie journey and bridged to Junior this past spring? Are you wondering what will be different now that they are Juniors? Join us for this adult mini session to dive into Juniors and what to expect. *August 19, 2025*

Fall Product Preview

Not sure what the Fall Product Program is? Looking for important dates? Curious about what's new this year? Come join us for a sneak peek of this year's Fall Product Program. *August 20, 2025*

Bridging to Cadettes

Has your troop just finished their Junior journey and bridged to Cadettes this past spring? Are you curious about what will be different now that they are Cadettes? Join us for this adult mini session to dive into what to expect as your troop transitions to Cadettes. *August 21, 2025*

Adult Retreat Weekends:

Looking for ways to enhance your volunteer training? Join us at one of our Adult Retreat weekends to learn and network with other volunteers in our council. Some of the offerings will be Outdoor Skills (Spring weekends only), Adult and Pediatric CPR/FA/AED, Youth Mental Health First Aid, Volunteer Toolkit, Songs & Games, Ceremonies, Girl Led Finance, Girl Behavior Management, SWAPS, and Service Unit Planning. The cost per person is \$10 for each training. Once you attend the training, we will give you a shop credit for \$10! *Essentially the training is FREE!*

Camp Shingobee Timbers	Camp Roundelay	Camp Sanderson	Janette Pollay
March 21-23, 2025	April 25-27, 2025	May 16-18, 2025	June 20-22, 2025

Are you a **new troop leader** looking to network with other new leaders? Or a **Service Unit Volunteer** looking to help out our new troop leaders? Then this training is especially for YOU! We will offer training to help you become a great leader, including CPR/FA/AED, navigating the website, Volunteer Toolkit Walkthrough, finances, and product program.

Camp Shingobee Timbers November 15-17, 2024

Volunteer Training On-the-Go!

Looking for ways to enhance your volunteer training but cannot make it to one of our Adult Retreat weekends? Let us bring the training to you! With Volunteer Trainings on the Go, we travel to meet you at the time and date that works for your group. **The cost per person is \$10** for each training. Once you attend the training, we will give you a shop/program credit for \$10! Essentially the training is FREE!

To schedule your Volunteer Training on the Go contact customer care at <u>customercare@girlscoutslp.org</u> at least one month prior to your requested training date. Be sure to include three dates & times that work for your troop and whether you want an in-person or virtual experience. Volunteer Trainings on the Go are available throughout the year.

Outdoor Skills

This training has two parts. The first part will be training through gsLearn and the second part will be hands on training. This training will prepare volunteers for day camp, level 2 or 3 troop camp, overnight tent or cabin camping including backyard camping, and any activity that includes campfires. Please talk to the council if you plan on taking a group of Girl Scouts on a high adventure or primitive back country trips. **Minimum Participants:** 8

Volunteer Toolkit (VTK)

The Volunteer Toolkit (VTK) is your virtual assistant in planning your troop year. You can plan meetings, activities, council events and even use it to communicate with the parents in your troop. This training will take you step by step through everything the VTK has to offer to make planning your troop year a breeze! **Minimum Participants:** 8

Songs, Games, and Ceremonies

Looking to add some fun to your troop meetings and activities or maybe even a simple flag ceremony? Or are you wondering what songs & games the girls in your troop learn at camp? This training will teach you songs you can sing with your troop, games you can teach your Girl Scouts and simple flag ceremonies & etiquette. **Minimum Participants:** 8

Youth Mental Health First Aid

Learn how to support the young people in your life. Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

Minimum Participants: 5

Conflict Resolution

In this training, participants will gain the skills to navigate challenging conversations to reach common ground with others (colleagues, volunteers, families, etc.) where emotions run high and positive outcomes are critical. The curriculum includes strategies to encourage a healthy mindset, recognize differences, and problem-solve. Participants will leverage skills to confront and resolve conflict with confidence.

Minimum Participants: 8

CPR & First Aid

GSMWLP requires at least one volunteer be certified in CPR/FA. This training will certify you in the Red Cross Adult and Pediatric CPR/FA/AED, which is valid for two years from completion date. **Minimum Participants:** 8

Girl Scouts Celebrate Faith!

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many principles and values that are common across religions. Because we understand that religious instruction is at the center of many families and communities, we invite Girl Scouts to take spiritual journeys via their faith's religious recognitions.

"The motivating force in Girl Scouting is spiritual."

-Preamble, Constitution of Girl Scouts of the USA

At the heart of Girl Scouting are many of the same values most faiths hold:

- Supporting girls
- Making our world a better place
- Building compassionate leaders

Girl Scouts Celebrate Faith celebrates the powerful ties between Girl Scouting and faith.

Girl Scouts are encouraged to connect their faith to the Girl Scout Law and earn the religious recognitions of their faith.

Let's honor the Girl Scouts and adult volunteers who give their time and talents in service of others!

Visit us at girlscouts.org/faith for more info.



Girl Scouts is welcoming and inclusive to members of all faiths.



My Girl Scout Shop

Shop for Your Girl Scout!

The best way to celebrate an accomplishment or special activity is to earn a badge and showcase it on the front of the tunic, vest or sash or purchase a fun patch and display it on the back of the uniform.

Shop local for all Girl Scout needs including uniforms, badges, fun patches and girl-powered swag!

We are happy to fill your orders by phone or email and ship it right to your door. Save on shipping: let us know if you are attending a Council event, and one of our staff members can make a delivery in person.

Purchase \$60 or more from one Grade level and receive a FREE Drawstring Bag! Choose from the Girl's Guide to Girl Scouting, select insignia, uniform items, badge requirements, journey books, and much more.



Waite Park Regional Center & Retail Shop 400 Second Ave S Waite Park, MN 56387 (320) 252-2952 Duluth Regional Center & Retail Shop 2122 W Superior St, Ste 1 Duluth, MN 55806 (218) 726-4710

Retail Store Hours:

Monday - Friday 8:30-5:30 *Waite Park closed from 1:00-2:00

Saturday Hours: 10:00 - 2:00

October 19, 2024 March 15, 2025 April 12 & 26, 2025

Evening Hours: Open until 7pm

October 22, 2024 April 29, 2025

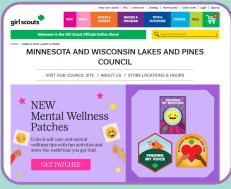
Cookie Dough expires April 30!

Hours are subject to change, please call or visit <u>girlscoutslp.org</u> for more information.





Our online shop is always open! All monies spent online support our council and local Girl Scouts! Visit girlscoutslp.org and click on SHOP



Registration Guidelines & Tips

Girl Scouts Lakes and Pines programs are designed for girls attending as a troop, group, or individually. Full payment is due at the time of registration.

- **Partner Programs:** Girls MUST attend with an adult chaperone or with their troop leaders. Adult chaperones must be registered Girl Scout volunteers with a current and clear background check on file with GSMWLP.
- Events led by Lakes & Pines staff: Girls may attend with an adult or on their own based on event description.

How to sign up

Registration and full payment (or deposit for trips) are required to secure your space on the roster.

- Sign up by heading to www.girlscoutslp.org and click on "Event Search or Event Calendar" in the Discover Activities menu or through "MYGS"
- Log into your MYGS Account or click "Don't have an account? Sign up now" to get started.
- Once logged in click the "MY Events" tab on the left side of the screen to view upcoming sessions
 Register by Adding your details

Note: If you do not have access to a computer or smart device you may call Customer Care to register by phone.

Payment Options

Cookie Dough/Fall Bucks

Girl Scout youth earn "Cookie Dough" as part of the Girl Scout Cookie Program and "Fall Bucks" as part of the Fall Product Sale. Redeem Cookie Dough/Fall Bucks by mailing or dropping off in person the original certificate to the Waite Park Office or Duluth Office. Cookie Dough Certificates with a remaining balance will be returned to the person who submitted the registration.

Girl Scout youth may pay up to 50% of the cost of most council programs and trips with Cookie Dough/Fall Bucks, Cookie Dough/Fall Bucks can be used for girls only, not adults. It is the responsibility of the Troop Leader to collect payments from families, keep track of individual balances, and ensure full payment of troop or group.

Financial Assistance

Scholarship funds are available on a first come first serve basis to registered youth members for all programs. To request a scholarship form (#6707), visit the forms section of our website or contact Customer Care at: customercare@girlscoutslp.org.

Nuts & Bolts

- Most registration dates are separated by quarters, see specific registration dates for each program throughout the guide or online.
- If you have a Girl Scout who may need accommodations (dietary need, allergies, etc...) let us know at the time of registration.
- *Confirmation:* When your registration is processed, an automated email will be sent to the adult registering for the program. Additional details, such as: directions, packing list, and any waivers or additional forms needed, will be emailed once registration closes.

Adults

- For the safety of our Girl Scouts, we require all adults attending programs to be registered members of Girl Scouts and cleared background check.
- All adult volunteers are expected to follow guidelines in Volunteer Essentials (available at girlscoutslp.org) for all field trips, events, and travel with their troop. When you attend an event as a troop, girls must be accompanied by adults in the safety ratios. (**Information from Volunteer Essentials*, Chapter 4)
- Additional adults, beyond those needed to fulfill a troop's safety ratios, may attend. If the program includes an overnight, all adult participants must be registered Girl Scouts and have cleared a background check compliant with Lakes and Pines.
- If driving any girls other than their daughter and/or handling Girl Scout finances, adults must also have completed a background check through Lakes and Pines within the last three years, as well as hold a valid drivers' license and insurance.
- All Girl Scout programs—including overnight events—are alcohol, drug, and tobacco free.

Knowing how many volunteers you will need* **Events, Travel and Camping** Two unrelated Plus one additional adults (at least one adult for each of whom is female) additional number for this number of of this many girls: girls: Daisies 6 4 Grades K - 1 Brownies 12 6 Grades 2 - 3 Juniors 8 16 Grades 4 – 5 Cadettes 20 10 Grades 6 - 8 Seniors 24 12 Grades 9 - 10

Cancellation policy

- If we cancel: We retain the right to cancel a program for any reason. If a program is cancelled, we will contact you and you can choose to have your full payment transferred to another program or refunded.
- If you need to cancel, please contact Customer Care at customercare@girlscoutslp.org.
- **Cancellation notice received after program's registration deadline:** Once the registration deadline has passed, all registered participants are responsible for paying their entire program fee. Because we have secured staffing and supplies, no refunds are provided, except in cases of documented medical emergency.
 - **Documented Medical Emergency:** Notify the program specialist in your confirmation materials prior to the event. Submit documentation and refund request within two weeks of the program date. *Note: Medical refunds are only for girl or adult experiencing the medical emergency.*
 - **Inclement weather:** All programs are rain or shine. We respect our volunteers' busy schedules by striving to proceed with programs at the scheduled date and time unless program staff determine that the activity cannot be conducted safely. If a program is not cancelled and you choose not to attend, no refunds are provided. For weather related updates, visit our website or contact the program specialist listed in your confirmation for the program.



Ways to Pay for Programs

At Girl Scouts Lakes & Pines, we're committed to ensuring every Girl Scout has the opportunity to participate in every program, every time. Below you will find information on ways to pay for our programs. In addition to traditional payment methods, your Girl Scout and/or troop can utilize Cookie Dough, Fall Bucks, Adventure Points, or our Scholarship program.

To redeem for camp or council sponsored travel please submit Cookie Dough/Fall Bucks and Troop Adventure Points prior to your final payment.

Cookie Dough/Fall Bucks

Through participating in the Fall Product Program and Cookie Program, your Girl Scout will earn money to use for not only items in our council shops, but also towards most of our programs including Council Events, Travel Programs, Partner Programs, and Programs on the Go. Girl Scouts can use up to 50% of their Cookie Dough/Fall Bucks towards most programming. Adults are not eligible to use Cookie Dough/Fall Bucks towards program, camp, or travel fees.

Participants must register and pay in full for the program or event, if they do not have Cookie Dough/Fall Bucks in hand. Once Cookie Dough/Fall Bucks are dispersed, GSMWLP will provide the equivalent amount applied via refund to payment method.

Adventure Points

Troops earning Adventure Points may choose a programming adventure from a list of options put together by GSMWLP.

- These points are NOT CUMULATIVE
- Starting at an average of 300 packages per girl selling, the troop earns one point per girl selling plus two adults.
- Adventure Points are earned as a troop and redeemed as a troop.
- Only girls that are selling are eligible to use the Adventure Points; they may NOT be shared or donated.
- As programs are required to be paid in full at the time of registration, Troop Adventure Points will be reimbursed to the troop, along with any Cookie Dough or Fall Bucks redeemed, upon verification.
- Troop Adventure Points EXPIRE on September 30, the year issued-no exceptions.

Scholarship Program

We are committed to helping every Girl Scout experience our programs! We believe that, regardless of financial circumstances, everyone should have the opportunity to experience all that Girl Scouts has to offer.

We offer scholarships (financial assistance) for our Girl Scouts who might need a little help in being a part of our programs. Head to the Forms section of our website or email us at <u>customercare@girlscoutslp.org</u> for details.



Waite Park Regional Center 400 2nd Avenue South Waite Park, MN 56387 NON-PROFIT ORGANIZATION U.S. POSTAGE PAID ST. CLOUD, MN 56301 PERMIT #411

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We gratefully acknowledge support from volunteers, families, and the community, including United Way and Otto Bremer Trust.

Your Year of Possibilities

You want a brighter, happier tomorrow for your girl—and that's exactly what we want, too.

Studies show being a Girl Scout improves girls' confidence and makes them better prepared to weather life's challenges. In fact, four out of five Girl Scouts have a best friend in their troop. Perhaps that's why their self-image stays strong—and even increases—at ages when most girls' confidence takes a hit.

Become a Girl Scout family today.

Reach out to learn more. We're excited to meet you! girlscouts.org/join

